1: Childs M-5 (1924-1940) 1949 FP13 Mbundu FP13

621 476 common meal was formerly a great bond of village unity. Mutual help within the village and the family group is practised on many occasions. There are a number of folk-tales designed to show the evil consequences of refusing to lend, whether beer-pots or more valued assistance. Many proverbs enjoin the necessity of prompt and effectual mutual helpfulness and co-operation, as e.g.

U o popela ukuavo onganda ka lula.

[538] (He who saves another (from) a crocodile does not undress.)

476 The mechanism of co-operation, the round of daily life in village and field, together with the cycles of food and of work, are properly subjects of further study. Here the purpose is to show the definitely family nature of the village and of its life. To the [161] casual observer the Ovimbundu appear as severe individualists. Indeed, they are individualistic to a degree, but they have worked out mechanisms of mutual helpfulness and co-operation which functioned both on political lines under the aegis of the king and within the kinship units.

Social Life of the Village

517 521 562 The two foci of the village life are the Men's Club and the Dancing Floor. Even though no *onjango* may have been built, the Men's Club will find a place in which to carry on, at least when there may be fine weather. Leisure may be limited, but time for conversation will be found. Europeans often express wonder at the amount of conversation which goes on between Africans, for they cannot understand what people of apparently such limited opportunities and with what seems like so narrow an outlook may have to discuss at such great length. As for the Ovimbundu, there is nothing which is a greater hardship than lack of opportunity for conversation with their fellows. Under primitive conditions this is more especially true of the men, who, in their villages, are always surrounded by members of their own family group. Owing to their peculiar position in the village and their household pre-occupations, the women's social propensities may find less outlet in these public gatherings. When the villagers gather on the dancing floor and the gourds of beer go round, they always separate according to sex. Whether the occasion be formal or informal, I have seen the discussion carried to great lengths, with the pipe passed between the men, while the women sat silently by,

1: Childs M-5 (1924-1940) 1949 FP 13 Mbundu FP 13

some pulling on their stubby little pipes and watching the men. As the men smoke, they may pass the pipe from mouth to mouth, but not so the women.

Tobacco (*akaya*) is a great vehicle for sociability whether in the pipe or in the form of snuff. 'Snuffing is held to clear the head, to clarify the thought, to enlighten the eyes, to sharpen the hearing, and comfort the heart.'[1] 'Taking a pinch of snuff, between the forefinger and the thumb, is unknown . . . and would be considered . . . very unsatisfactory. . . . They pour about a teaspoonful into the palm of the hand, and burying their . . . nostrils in the peppery mixture snort it up loudly, aided by a rotary motion of the half-closed hand.'[2]

Beer (*ocimbombo*) is of even greater importance. Its place has long been threatened by such drinks as the stronger beer made from emmer wheat (*ekundi*), mead (*ingundu* and *ocasa*), and imported rum. Within the past thirty or forty years the Ovimbundu have themselves learned to distil rum (*okacipembe*) from sweet potatoes, sugar-cane, pumpkins, &c., and although the industry is illegal, it has grown to great proportions and nothing now seems able to stop it. It is the widespread use of this strong drink, with its concomitant evils, which is to-day the greatest enemy of the social life.

The dance is probably the most important element in the social life of the village. The Ovimbundu have many different dances and they dance on every occasion and on the slightest provocation. I have collected thirty songs to accompany dances. About three-fourths of them are sometimes used at funerals or at other ceremonial occasions, some of them are for more frivolous purposes, and most of those which are used for ceremonies are used at other times also. It is not for nothing that an Umbundu equivalent of the proverb 'Strike while the iron is hot', runs as follows:

Nda we mõlã ocoma, pilaka:
When you see a drum, dance:
Ocoma ka yi sukuli kuali.
A drum may not be seen twice.

During one of my visits to Ngendo there was an important funeral with much dancing at Ndumba, just across the valley. At

[1] Tucker, *Dawn in the Darkness* (Toronto and New York; Doran, 1927), p. 38.
[2] Monteiro, *Angola and the River Congo*, 2 vols. (London: Macmillan, 1875), vol. ii, p. 171.

1: Childs M-5 (1924-1940) 1949 FP 13 Mbundu FP 13

On nights when there is little or no moonlight, the evening gatherings in the village sometimes, although not always, follow the sex division, with the men and boys in the *onjango*, and the women and girls at one or more of the kitchens. Discussion of affairs, with youth listening to age, is the usual order, but the time is often passed in the recital of folk-tales or in propounding riddles.

Riddles are more especially a field of youth but age also enjoys hearing the answers given. A favourite occupation of the men, especially by day, is *ocela*, a game known all over Africa and in other parts of the world as well.[1] Junod calls it 'the national game of Africa'.[2]

The Ovimbundu have brought recreation to the service of their work. Europeans are often irritated by the amount of conversation which Ovimbundu carry on during working hours, but on consideration it may be found that were it not for the conversation and other psychological aids, the work might be quite unendurable. This is especially the case with regard to road work and many types of contract labour. Road songs and work songs are of real help in keeping up morale and in prolonging endurance. Most of them seem to have been developed in the days of the caravan trade, but they have not been forgotten and are now used on many occasions.

A word about ceremonial occasions before leaving the social life of the village. Some rites and ceremonies are celebrated so quietly that they are not even social occasions. Most of them, however, are very social. This is especially true of funerals and post-mortuary rites. During visits to Ngendo I was able to witness two post-mortuary rites and the funeral of an important person of a near-by village. Other ceremonial occasions, such as weddings and a return from a trading expedition, also call for much sociability, but funerals and post-mortuary rites are the social occasions which occupy the most time and attention and make for the greatest conviviality.

[1] Known under the name *Mancala*, which is evidently a Bantu word, or taken from one; cf. the Umbundu *oku mangala*, to play. Hambly mentions *ocela*, op. cit., p. 219. See also Nevinson, op. cit., p. 91. The *New Standard Dictionary* (Funk and Wagnalls) attributes to Arabian origin both the game and the word *Mankalah*.

[2] H. A. Junod, *The Life of a South African Tribe*, 2nd ed., vol. i, p. 345 f.

3: Hambly E-5 (1929-1930) 1934 FP13 Mbundu FP13

302 A principal wife builds up her
[595] hair into five high cones. Vachokue women mass their hair into
171 separate balls shaped and held by clay and red coloring matter. I know of no hairdressing for Vachokue men, but ornamental wooden combs are sometimes used.

304 In only one place have I seen a nose pin worn, namely, the Esele country of Vila Nova de Selles. The fashion is out of date, but women of only twenty-five years of age have the septum of the nose bored; evidently the custom has not been obsolete for a long period (Plate LXXV, Fig. 1).

177 The most popular European importations are blue cloth with
439 white spots, metal hair combs, beads, and bright metal crosses
301 bearing a figure of the Virgin Mary with the infant Jesus. This ornament has penetrated to districts far away from Christian missions, and its wide dispersal shows that a newly introduced and attractive ornament from a foreign source may readily be accepted by tribes of different cultures.

517 There are interesting points of psychology in the attitude of the
301 Ovimbundu toward European importations. Only a few patterns of cloth are favored, and there is no sale for any other design. Some designs are thought to be appropriate for young girls while others are favored by older women. The same may be said of colored beads, for whereas both blue and white beads are the usual decoration for young women and immature girls, red beads are worn chiefly by the elderly women.

178 A consideration of personal ornament establishes the general truth that in scarification, hairdressing, tooth mutilation, the use of red powder and grease, the anointing of the hair with palm oil, and the wearing of trade cloth, leather, or bark cloth, there is little exchange of styles. There are diffusions in language and other cultural traits, but decorative elements which have for a long period been regarded as distinctive of tribal life are rigidly preserved.